

Your LIFE Wellness Clinic Team



Deann Brown

*Nurse Practitioner,
Regional Medical Director*

Deann is a family nurse practitioner at the J. J. Keller LIFE wellness center. She received her master's in nursing from Concordia University in Wisconsin. She is certified by the board of American Academy of Nurse Practitioners (AANP). Deann believes in working as a team with her patients to formulate the best plan of care to reach their health goals. She listens to their needs and concerns, communicates honestly, provides education and develops an individualized plan of care using the most current evidence-based medicine. Outside of work, she enjoys spending time with her husband and daughter. She also enjoys being outside, attending sporting events, playing on the lake, long walks with friends and volunteering in her community.



Holly Pohlman

Nurse Practitioner

Holly Pohlman is a certified family nurse practitioner and has been practicing for over 15 years. She has experience working in family practice, as well as corporate onsite wellness centers. Holly received her Masters of Science in Nursing degree from the University of Wisconsin-Oshkosh in 2007. She is a member of the American Academy of Nurse Practitioners. Holly enjoys getting to know her patients and treating each one as if they're a member of her family. She enjoys wellness promotion through health coaching and preventative care, as well as treating both acute and chronic illness. Holly works with her patients to individualize a treatment plan that will work for each person. She guides and supports each patient in making their health decisions. In Holly's spare time, she enjoys spending time with family, boating, running and cheering for her kids at sporting events.



Karen Fredrick

Nurse Practitioner

Karen lives in Appleton and is thrilled to be working at J. J. Keller one day per week—close to home! She received a Bachelor of Science degree in Nursing from the University of Wisconsin-Oshkosh. She received a Certificate to practice as a Women's Health Nurse Practitioner followed by a Master of Science degree in Nursing specializing as a nurse practitioner in family practice. She was the nurse practitioner for the City of Kenosha Health and Wellness Center for approximately 13-years, providing care to the employees and spouses, prior to the start of employment with Marathon Health 3-years ago. Karen loves the one-on-one collaboration with each patient to formulate, together, an individualized plan of care to meet your healthcare needs. She is a total advocate of preventative healthcare to promote long, healthy lives. She lives in Appleton with her husband, Martin, along with her three daughters and grandchildren who all live in the Fox Valley area. Loves family time, including her dogs, and exploring nature.



Jennifer Miller Houtz

Licensed Professional Counselor

Jennifer is a Licensed Professional Counselor who has been providing mental health services for many years in the Fox Valley. She has significant experience counseling individuals with anxiety, depression, and other mental illnesses. She helps people through work and home challenges, parenting, partner issues, grief and change. She also helps coach people on their values and goals and helps improve performance and satisfaction in your home, work, and community roles. She would describe her style as down-to-earth, solutions-focused, and optimistic. She is trained in Cognitive Behavioral Therapy, Solution Focused Brief Therapy, Dialectical Behavior Therapy, Grief Therapy, Trauma Therapy, and Neurodivergent Approaches. Jennifer has lived in the Fox Valley for 19 years. She is married with three children, two dogs, and two cats. In her free time, she enjoys working in the yard, cooking, reading historical fiction and self-help books, and volunteering at school and church.

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Tracy Motiff Muesbeck

Physical Therapist

Tracy Motiff Muesbeck is a physical therapist and has been practicing for over 25 years. She received her Masters in Physical Therapy from Concordia University Wisconsin in 1998 and has special interest in orthopedics, spine, and sports physical therapy. Tracy focuses on a collaborative approach where patients are actively involved in their treatment plan. Her main goal is to help patients return to their prior level of function and guide them on a plan to achieve long-term health and wellness. Outside of work, Tracy enjoys spending time with her husband and daughter, watching her daughter play sports, reading, and working out.



Angie McGuff

Medical Assistant

Angie has worked in healthcare for over 20 years. She started out doing in home care for people with disabilities and then graduated in 2012 from the Medical Assistant program. Angie is married with two kids, two dogs and two cats. She enjoys camping and swimming in the summer.



Jamie Cole

Medical Assistant

Jamie has been a medical assistant since 2014. She worked in internal medicine for 10 years and has been at Marathon Health since 2025. She is passionate about helping others. Jamie is married with 2 daughters and 3 grandchildren. She spends her free time enjoying the outdoors and spending time around the pool when the weather is nice.